

Culture shock as a social issue

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ABSTRACT

This article is analyzed considering the social problem of culture shock. Also, in this article, what is culture shock? What are its consequences? We are talking about the nature of culture shock as a social problem. [1]

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Introduction

Culture shock is a common phenomenon experienced by people when they move to a new culture. It can cause a range of emotional, psychological, and physiological reactions, which can affect the social functioning of individuals. As a result, culture shock can be considered a social issue since it impacts the way individuals integrate into social networks, engage with others, and function in society. Culture shock can manifest in different ways, such as difficulty communicating with others, feeling isolated, loss of confidence, and feeling anxious, homesick, or depressed. These reactions can impede the ability of individuals to establish meaningful connections with others and contribute to society. Therefore, addressing culture shock as a social issue requires providing support and resources to individuals who experience this phenomenon. This may include language classes, cultural orientation, counseling, and other forms of social support. Additionally, promoting intercultural acceptance and understanding can go a long way in reducing the negative effects of culture shock on individuals and society as a whole. Culture shock can be a significant social issue for individuals and communities. It occurs when a person experiences disorientation and stress due to the unfamiliarity or difference in culture they encounter. This can manifest in a variety of ways, such as homesickness, withdrawal, anger, or depression. Culture shock is especially prevalent in individuals who have migrated to a new country or who are exposed to a new culture for an extended period. It can impact their mental health, productivity, ability to form relationships, and overall well-being. Addressing culture shock requires empathy, understanding, and support from both peers and community members. Governments and organizations can also aid individuals by providing cultural awareness and sensitivity programs.

Analysis Literature Of Methodology

Culture shock can also lead to misunderstandings, conflicts, and even discrimination between communities with different cultural backgrounds. It is important to recognize that culture shock is a normal and natural response to new and unfamiliar situations, and it should not be stigmatized or ignored. By promoting cultural exchange and understanding, communities can reduce the negative effects of culture shock and foster a more

harmonious and inclusive society. Additionally, individuals can take steps to minimize culture shock, such as learning about the history, language, and customs of the host country or culture. Seeking support from family, friends, or cultural organizations can also help individuals adapt to new and unfamiliar environments. Another important aspect of culture shock as a social issue is its potential impact on education and academic success. For international students, culture shock can affect their ability to adjust to the academic standards and expectations in their new school or university. This may include difficulties in understanding the language, adapting to different teaching styles, or navigating the new social norms. In some cases, the stress associated with culture shock can lead to academic problems, such as poor grades or dropping out of school. To address this issue, institutions can provide resources and support services to address the challenges that international students may face. These may include language courses, cultural orientation sessions, counseling services, and mentorship programs. By providing support and understanding to students experiencing culture shock, educational institutions can help them succeed academically and personally.

Discuss

Culture shock can be a significant social issue for individuals and communities. When someone experiences culture shock, it can lead to feelings of disorientation, confusion, and loneliness. This can impact their ability to function effectively in their new environment and may lead to negative social outcomes such as social isolation, depression, and anxiety. For communities, culture shock can create challenges in terms of integration and acceptance. Ethnic and cultural differences can sometimes lead to misunderstandings, prejudice, and discrimination. Addressing these issues requires education, open communication, and a willingness to understand and appreciate cultural differences. Overall, recognizing and addressing culture shock is a critical social issue that requires empathy and a willingness to learn and grow. By embracing cultural diversity and working together to create inclusive and welcoming environments, we can foster stronger social connections and build more resilient communities. Culture shock is a social issue that affects many people who experience a new culture or way of life for the first time. It can happen when people move to a new country, study abroad, or even visit new places with vastly different cultures. The experience of culture shock can cause feelings of isolation, frustration, and anxiety. Culture shock has several stages that people go through when encountering a new culture. The initial stage is the honeymoon phase where everything is new and exciting. The second stage is the negotiation phase where people start to struggle with the cultural differences they experience. The third stage is the adjustment phase where people start to find ways to adapt to the new culture. And finally, the fourth stage is the adaptation phase where people fully adjust and integrate into the new culture. Culture shock can lead to social issues such as discrimination, prejudice, and stereotyping. When people struggle to adjust to a new culture, they may start to stereotype and judge the people and culture they are experiencing. These issues can cause tension and conflict between cultures and lead to negative attitudes towards diversity and multiculturalism. It's important to acknowledge the challenges of culture shock and find ways to help people adjust to new cultures in a positive and supportive manner. Providing resources and support for those experiencing culture shock can help them overcome their feelings of isolation and anxiety and lead to a more accepting and understanding society. Culture shock can be a social issue for individuals who are not accustomed to the customs, traditions, and social norms of a new culture. It can lead to feelings of disorientation, confusion, and stress. As people interact with individuals from different cultures, they may face challenges in communication, decision-making, and understanding social etiquette. This can create misunderstandings and even lead to conflicts. Therefore, it is important to have awareness and sensitivity towards different cultures in order to promote intercultural understanding and social cohesion.

Conclusion

In conclusion, culture shock is a social issue that can affect individual well-being and interaction in a globalized world where people from different cultures come into contact with each other. It is important for individuals to be aware of and sensitive to cultural differences in order to promote social harmony and understanding. By adopting a positive attitude towards diverse cultural experiences, individuals can overcome culture shock and learn to appreciate and adapt to the values, customs, and traditions of different cultures. In addition, culture shock can also have a broader impact on society as a whole. It can lead to social exclusion,

discrimination, and even stereotyping if not managed appropriately. Therefore, it is important for governments, organizations, and institutions to take steps to promote intercultural dialogue and provide resources and support for people who are experiencing culture shock. By encouraging cross-cultural interactions and understanding, we can build a more inclusive and tolerant society where everyone feels valued and respected regardless of their culture or background.

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