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Nahda – The Socio-Philosophical Essence Of The Arab Renaissance

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ABSTRACT

This article explores the socio-philosophical foundations of the Nahda, or Arab Renaissance, a pivotal intellectual and cultural awakening in the Arab world during the 19th and early 20th centuries. The study analyzes how Arab thinkers sought to reconcile traditional Islamic values with the ideals of modernity, inspired by both internal philosophical traditions and external influences such as the European Enlightenment. It highlights the revival of classical Arab-Islamic thought, the impact of colonial encounters, and the intellectual transformation that led to cultural renewal. Special attention is given to the contributions of key reformist scholars who blended heritage with progress to shape a modern Arab identity. The Nahda is presented not only as a response to historical stagnation but also as a dynamic movement of identity reconstruction, modernization, and resistance to cultural domination.

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Introduction.

The Nahda, or Arab Renaissance, refers to the significant cultural and intellectual awakening that took place in the Arab world during the 19th and early 20th centuries. This movement reflected a broad aspiration for cultural identity and reform, aiming to harmonize traditional Islamic values with modernity. Nahda encompassed various fields such as literature, philosophy, and science, sparking a revival of classical Arab thought. It was characterized by a deep engagement with modernity and a reassessment of Arab identity. During this period, a profound spiritual awakening occurred as a new generation of intellectuals sought to synthesize traditional Islamic values with progressive European ideas. "In general, this phenomenon is understood as a process of 'Europeanization' in the consciousness and social life of Arabs in the developing Arab countries."[1]

The historical context of the Nahda reflects not only cultural revival but also the complex interaction between the legacy of colonialism and the aspirations for nationalism. This dynamic illustrates the vitality of resistance and identity formation during a period of intense transformation.

Main part.

The cultural and intellectual landscape of the Arab world prior to the Nahda was marked by a complex interplay between tradition and modernity, influenced by both local scholars and external forces. Scholarly inquiry, particularly in urban centers, flourished. Here, thinkers engaged with classical texts while also responding to the growing influence of Western thought and colonial power. This period witnessed the revival of philosophical traditions rooted in Arab-Islamic history. Such revival can be seen in the efforts to rediscover

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the works of scholars like Avicenna (Ibn Sina) and Averroes (Ibn Rushd).[2] For example, a prominent figure of the time, Al-Afghani, paid particular attention to the works of Avicenna, especially highlighting his view that "logic is the measure of knowledge," thus emphasizing the foundational role of philosophy in understanding reality.[3] This illustrates that while European culture acted as a stimulus for the Arab awakening, its internal resource and anchor point was the intellectual heritage of Eastern scholars.

European Enlightenment ideals had a profound impact on Arab thinkers during the Nahda, contributing to a revival of philosophical inquiry and scientific debate. Scholars like Mustafa Abdel-Raziq, who employed modern methodologies, sought to integrate classical Islamic thought with contemporary philosophical currents, thereby expanding the boundaries of intellectual discourse in the Arab world.[4] These intellectuals deeply studied the legacy of past philosophers and applied enlightenment ideals to reform education, governance, and social structures. The fusion of Enlightenment principles with Arab cultural heritage laid the foundation for a renewed understanding of reason, individualism, and civic responsibility, thereby strengthening Arab thought on a global scale.[5]

This interaction fostered a dialogue that propelled the region toward modernization while also affirming and restoring its rich philosophical heritage. It clearly demonstrated the profound influence of European Enlightenment ideas on Arab intellectuals. Moreover, this era reflects the scientific dynamism characteristic of the Nahda, offering a vivid portrayal of a cultural renaissance.

Colonialism played a decisive role in the emergence of Nahda, serving both as a stimulus for reforms and as a complex foundation for intellectual awakening across the Arab world. This period, marked by strong attention to Western ideas and practices, manifested simultaneously as a response to colonial oppression and as an affirmation of Arab identity. Theoretically, the intersection of capitalism and colonialism not only revived Arab nationalism but also transformed previously fragmented national sentiments into a unified ideological framework. These processes together illustrate how colonialism altered social relations and created a favorable environment for national revival amid complex conditions. The interaction of these forces was clearly reflected in the cultural transformations that took place during this dynamic era.

A number of significant events in the 19th and early 20th centuries accelerated intellectual and cultural revival in the Arab world, providing major impetus for the emergence of Nahda, or the Arab Renaissance. Among these turning points, the establishment of periodicals and literary societies played a prominent role, acting as platforms for new ideas and debates concerning identity, governance, and modernization. Notably, the publication of *al-Fatah*, recognized as the first periodical associated with Arab women, highlighted women's roles in cultural discourse, challenged traditionally male-dominated narratives, and advocated for women's education and rights.

In addition, the socio-political situation resulting from the decline of the Ottoman Empire and the influence of European colonialism pushed intellectuals and writers to critically re-evaluate traditional values and to deepen their understanding of personal and national identity during this time of instability and reform. These developments laid a vital foundation for what came to be known as the cultural awakening of Nahda, opening the way for lasting changes within Arab society.

The emergence of printing presses significantly transformed Arabic literature during the Nahda period. It enabled the rapid dissemination of texts and ideas that were previously confined to narrow circles. This technological innovation allowed for the preservation and multiplication of literary works, thereby democratizing access to literature across the Arab world. Figures such as Philip Hitti, who contributed to the development of Arab studies in Western scholarship, exemplify the intercultural exchanges facilitated by printed materials. These exchanges ultimately influenced literary themes and styles.

The scholarly legacy of the renowned Arabist Philip Khuri Hitti occupies a unique position not only in the academic sphere but also in the cultural awakening of Arab society known as the Nahda. Hitti's work is closely aligned with the spirit of this renaissance, enriching the internal essence of Nahda ideas through deep philosophical and historical analysis. His book "History of the Arabs" (1937) serves not only as a comprehensive source on Arab history but also as an intellectual document that fosters a renewed and proud attitude toward the Arab people.

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In his analyses, Hitti does not limit Arabs to Islamic history alone but explores their ancient, scientific, and cultural contributions in a broad context. According to him, the Arab people are not merely a religious community but an independent civilizational subject that has made a unique contribution to human civilization. This perspective aligns with one of the core elements of the Nahda ideology: the revival of national identity.

Hitti's philosophical approach is based on historical realism, an understanding of moral complexity, and reasoning grounded in factual evidence. In analyzing the stages of rise and decline in Arab civilization, he draws on Western evolutionary theories while also revealing the internal potential of Arab society. In doing so, he places himself in alignment with the goals of Nahda intellectuals who opposed colonialism—restoring the dignity of the Arab individual, promoting awakening through education, and achieving intellectual independence.

Moreover, Philip Hitti's scholarly and social activities contributed to fundamentally changing Western perceptions of the Arab world. His teachings intersect with several key concepts of Nahda ideology. First and foremost, he approaches the Arab people as historical subjects—people who have their own history and culture that can and must be reinterpreted and revived. Furthermore, Hitti regards education and science as decisive factors in societal progress. These views are conceptually linked with the calls for scientific and educational reform made by Nahda thinkers.

Hitti also reveals the connections between Islamic and Western philosophy, presenting thinkers such as Al-Farabi, Ibn Sina (Avicenna), and Ibn Rushd (Averroes) not only as scholars of the Islamic world but also as contributors to the intellectual development of all humankind. This reinforces the idea that Arab-Muslim intellectual heritage should be recognized as an equal part of global culture.

Rifa'a Rafi' al-Tahtawi (1801–1873) is recognized as one of the founding thinkers, intellectuals, and reformers of the Nahda movement — the early intellectual awakening of the Arab-Muslim society in the 19th century. His life, philosophical views, and practical reforms played a significant role in shaping modernization, civic consciousness, educational reform, and critical engagement with Western experience in the Arab world. His activities represented one of the first decisive steps toward harmonizing Islamic traditions with the modern world, aimed at rebuilding Arab society on the foundations of science, enlightenment, and human values.

At the core of al-Tahtawi's socio-philosophical views lie the principles of the human being, homeland, education, and a balance between reason and Sharia. He did not consider Sharia and reason as opposing forces but rather as complementary elements. According to him, unless a society based on Islamic law actively utilizes its intellectual potential, its progress will stagnate. Therefore, he interpreted Islam not as an obstacle to modernity, but as a force that supports it. Drawing on the French experience, he argued for reforming Egypt's education system and implementing the principles of justice and civil rights in governance.

Al-Tahtawi's work as a translator significantly expanded his social influence. He translated the works of European Enlightenment thinkers such as Montesquieu, Voltaire, and Jean-Jacques Rousseau into Arabic. Through these translations, the ideas of European enlightenment began to influence Arabic modes of thought. By translating not only scientific texts but also works in philosophy and law, he introduced new concepts such as citizenship, rights, patriotism, and human dignity into Arab discourse. He also contributed to enriching the Arabic language with modern terminology, which, in turn, strengthened the role of language in shaping public consciousness and education.

His theoretical ideas were closely linked with practical reform. Al-Tahtawi initiated the establishment of new schools in Egypt, promoted education for girls, and advocated for teaching sciences in the Arabic language. As a result of his efforts, a new generation of intellectuals emerged in Egyptian society — modern thinkers who felt a strong sense of responsibility for the nation's future. This generation would later define the philosophical and political character of the Nahda movement.

Jamal al-Din al-Afghani, another towering intellectual of the 19th century Islamic world, was one of the most influential and philosophically profound figures of the Nahda. His work combined religious reform, political freedom, enlightenment, and pan-Islamic ideals to resist oppression and decline in Muslim societies and to rebuild them. His statement, "I have concluded that the most destructive disease among Eastern nations is

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internal discord, disunity, ideological fragmentation, and the inability to agree on forming a united front," remains relevant even today.

As a central figure in modern Islamic philosophy, Jamal al-Din al-Afghani developed theoretical foundations that link religious and political revival. His life was full of missionary activity. Operating in intellectual centers such as Iran, India, Istanbul, Cairo, Paris, and London, he exerted significant influence among intellectuals, politicians, religious scholars, and students. Through speeches, articles, and debates in various languages, he sought to awaken Islamic societies.

Afghani's philosophical views aimed to save Islam from centuries of decline, to rediscover its spiritual and intellectual roots, and to confront the philosophical challenges posed by the West. He viewed Islam as a religion compatible with reason and experience—not as a rigid tradition based only on uncritical practices, but as a motivating and progressive force. Hence, while traditional religious circles regarded him as a defender and reformer, modernists recognized him as a thinker advocating for intellectual and political freedom. One of his key ideas was the awakening of Islamic reason and the restoration of independent thinking among Muslims. He identified imitation, lack of will, and estrangement from science as the main causes of decline in the Muslim world. According to him, the revival of Muslim civilization requires not only education but also political awareness, civic engagement, and resistance to colonialism. He saw Islam as a system that promotes human values, justice, and social equality, and insisted that its true spirit must be rediscovered.

Afghani was not categorically opposed to Western civilization. He positively assessed the West's progress in science and technology, but criticized its moral and spiritual decline. In his view, the Muslim world should not simply imitate the West, but should revive its own scientific and ethical traditions that had been forgotten. From this perspective, he advocated not for blind imitation of the West, but for internal reform and the development of Islamic civilization from within. His ideas were not merely theoretical—they were oriented toward practice. Whereas earlier religious-political thought was limited to spiritual preaching, Afghani aimed to institutionalize these ideas. He met with political leaders, published newspapers and journals, and educated students. His disciple, Muhammad Abduh, would later become a leading ideologist of Islamic modernism.

Another important philosophical idea of Afghani was the balance between the concepts of ummah (Islamic community) and nation. While he supported the idea of pan-Islamic unity (ummah), he did not deny the importance of each nation's unique identity. According to him, Islam provides the ideological basis for common unity, but national and homeland-related concepts are also valuable. This approach shows his attempt to balance pan-Islamism with patriotism.

Viewed from a socio-philosophical perspective, Afghani's activities and thoughts reflect the organic connection between religion, philosophy, and politics. He believed that the awakening and modernization of society could not be achieved solely through science and technology, but also through spiritual revival, independent thought, and intellectual reform. For this reason, Afghani advocated the idea that philosophical and ideological foundations are essential for social progress.

Jamal al-Din al-Afghani is regarded as a thinker who laid the deep metaphysical and political foundations of the *Nahda* philosophy. His ideas provided a theoretical basis for complex but essential processes such as the harmony between reason and religion in the Islamic world, the awakening of knowledge and morality, the balance between national and collective unity, critical dialogue with the West, and philosophical resistance to colonialism. His legacy remains highly significant today for Islamic intellectual revival and processes of global civilizational dialogue.

During the Nahda, or Arab Renaissance, the emergence of poets like Ahmed Shawqi played a decisive role in shaping cultural identity and the discourse of the intelligentsia in the Arab world. Recognized as the "Prince of Poets," Shawqi skillfully combined ideas of patriotism and modernity in his poetry, addressed urgent sociopolitical issues of his time, and revitalized Arabic literary traditions. His work not only influenced pan-Arab consciousness but also bridged the past with contemporary ideas, reflecting the balance characteristic of a broad cultural movement. As a promoter of education and moral values, Shawqi's poetry expressed the spirit of an era striving for enlightenment and progress, embodying the core of Nahda's ideals of unity and cultural revival. His contribution was crucial in awakening a sense of solidarity among Arab intellectuals and encouraging literary renewal, thus highlighting the importance of poets during this transformative period.

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The revival of Arabic literature and poetry during the Nahda marked a significant turning point in cultural expression reflecting the socio-political changes of the time. As writers and poets increasingly sought inspiration both from classical works and European influences, the emergence of new expressive forms gained great importance. This literary awakening was characterized by a rethinking of national identity, social reforms, and modernity. In particular, the works of this era often highlighted the cultural tensions between tradition and modernity, seeking to redefine Arab literary standards. This interaction became evident both in debates on literary nationalism and in examples of Romanticism that prioritized prose forms based on European traditions over local literary expressions. As a result, the revival of Arabic literature led not only to a transformation of artistic creativity but also to a broader transformation of the socio-cultural consciousness of the Arab world.

Translation serves as a bridge in cultural dialogue. This was especially evident during the Nahda period—or the Arab Renaissance—which marked a profound awakening in Arab intellectual life in the 19th and early 20th centuries. Translations from European languages into Arabic opened the way for new ideas, scientific knowledge, and philosophical debates, significantly transforming the landscape of Arab thought. In particular, the works of European authors influenced the literary genres and narrative structures of modern Arabic literature, enriching cultural expression and strengthening social dialogue. Furthermore, this exchange was institutionalized through academic initiatives.

The **socio-political impact of the Nahda**, or Arab Renaissance, was profound, influencing various spheres of Arab society and bringing issues of nationalism and national identity to the forefront of cultural debate. This movement fostered a critical approach to Western ideas, prompting a reassessment of social and political structures within Arab countries. Nahda ideas sparked a new sense of national self-awareness, which manifested in debates among intellectuals on modern governance and in the participation of previously marginalized groups in political processes. For example, the effects of these debates are still visible in Egypt's current political life, where discussions around the involvement of Islamic movements in political processes reflect a continuing evolution of social engagement in the region. Moreover, narratives highlighting the mobilization of citizens advocating for change connect historical movements to present socio-political realities and their relevance to Arab national identity.

The rise of nationalism during the Nahda was closely tied to the reawakening of self-consciousness. Arab intellectuals sought to restore and redefine Arab cultural heritage under Ottoman and later colonial rule. During this time, the foundations of modern education were established, prioritizing intellectual activity and cultural revival—particularly through institutions inspired by Western models. These transformations illustrated how Nahda created a new cultural environment in which education, breaking from traditional norms, became a tool for encouraging progressive exchange of ideas and expanding opportunities. This dynamic period is exemplified by the active participation of society. The cultural revival sparked debates about women's education, employment, and social status, challenging deeply entrenched patriarchal values. Enlightenment-inspired intellectuals and activists advocated for women's empowerment, arguing that societal progress depended on the active participation of women in social life.

For instance, initiatives such as the establishment of schools for girls were aimed at expanding access to education, giving women the opportunity to find their voices and defend their rights in an increasingly modernizing society. The widespread impact of these movements is evident today in the ongoing discussions on women's rights throughout the Arab world, underlining the enduring legacy of the Nahda. The image of women actively engaging in dialogue about their rights stands as proof of this historical transformation, demonstrating that the pursuit of gender equality is deeply rooted in the foundation of the Nahda.

Conclusion.

As we explore the complexities of the Arab Renaissance, or Nahda, we see that this cultural revival laid a crucial foundation for today's debates in the Arab world surrounding identity, modernization, and women's rights. Marked by a flourishing of literature and the intellectual pursuits of the elite, this movement opened broad avenues for future generations to explore vital themes. This is clearly reflected in the diverse literary forms of the period. Ultimately, the Nahda represents not only a renaissance of cultural expression but also a key phase in the ongoing process of social and political transformation across the Arab world.

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